



Psychosis and Emotion: The role of emotions in understanding psychosis, therapy and recovery (The International Society for Psychological and Social Approaches to Psychosis Book Series)

Andrew I. Gumley

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There is increasing recognition that emotional distress plays a significant part in the onset of psychosis, the experience of psychosis itself and in the unfolding of recovery that follows. This book brings together leading international experts to explore the role of emotion and emotion regulation in the development and recovery from psychosis.

Psychosis and Emotion offers extensive clinical material and cutting-edge research with a focus on:

the diverse theoretical perspectives on the importance of emotion in psychosis

the interpersonal, systemic and organisational context of recovery from psychosis and the implications for emotional distress

the implications of specific perspectives for promoting recovery from psychosis

With thorough coverage of contemporary thinking, including psychoanalytic, cognitive, developmental, evolutionary and neurobiological, this book will be a valuable resource to clinicians and psychological therapists working in the field.

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