

# The Organized Mind: Thinking Straight in the Age of Information Overload

Daniel Levitin

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### The Organized Mind: Thinking Straight in the Age of **Information Overload**

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Why is email so addictive? Is multitasking really possible? And what do successful people keep in their junk drawers?

The Organized Mind debunks myth and presents one simple idea - storing information in the physical world instead of the mind - to revolutionize 21st-century living.

In a world where information is power, The Organized Mind holds the key to harnessing that information and making it work for you.



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