



Memory and Abuse: Remembering and Healing the Effects of Trauma

Charles Whitfield

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Remembering what happened in any traumatic experience is basic and crucial to healing. For over 100 years the memory of abuse survivors has been questioned and challenged by all sorts of people, ranging from perpetrators to family members. More recently, this memory has been challenged by a combination of accused family members, their lawyers and a few academics who claim the existence of a "false memory syndrome."

In this groundbreaking book Charles Whitfield, voted by his peers as being one of the best doctors in America, brings his clinical experience and knowledge about traumatic memory to us. He examines, explores and clarifies this critical issue that threatens to invalidate the experience of survivors of trauma and handcuff the helping professionals who assist them as they heal. This thorough, insightful work provides crucial information for anyone affected by a traumatic experience.

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