



Naming Our Abuse

Andrew J. Schmutzer, Daniel A. Gorski, David Carlson

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A stunningly vulnerable look at the horrific realities of sexual abuse and how to overcome them

Male sexual abuse is increasingly in the news, from scandals in the Catholic Church to exploitations at Penn State. Yet books and programs about healing are still overwhelmingly oriented toward the female survivor of abuse. As men who experienced childhood abuse, the authors of this book are uniquely qualified to address the healing process of male survivors.

Using the metaphor of a car accident, Naming Our Abuse leads the survivor from the Wreck to the Accident Report to Rehabilitation to Driving Again. This four—step model illustrates that healing is a process to be nurtured rather than something that can be healed in a single telling. Following the authors' examples, readers are invited to find solidarity with other male survivors and develop an understanding of their own wounding through journaling exercises.

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