



# Skin Game: A Memoir

*Caroline Kettlewell*

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Caroline Kettlewell's autobiography reveals a girl whose feelings of pain and alienation led her to seek relief in physically hurting herself, from age twelve into her twenties. *Skin Game* employs clear language and candid reflection to grant general readers as well as students an uncensored profile of a complex and unsettling disorder. "[This] mesmeric memoir examines the obsession with cutting that is believed to afflict somewhere around two million Americans, nearly all of them female," Francine Prose noted in *Elle*. "[Kettlewell's] language soars and its intensity deepens whenever she is recalling the lost joys and the thrilling sensation of sharp steel against her tender skin."

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