



The Last Word on Lutefisk: True Tales of Cod and Tradition

Gary Legwold

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The Last Word on Lutefisk provides you with the most comprehensive collection of facts, fiction, and folklore surrounding this simple fish with the unforgettable scent. Here, a historical account of this colorful lutefisk tradition is mixed with homespun tales, humor, tours, poetry, lyrics--even lutefisk cheers! You will find:

- * Old country travel and lutefisk lore
- * Tales of Norse fishermen--and great color photographs
- * Why lye is used in soaking the fish
- * Secrets of making your own superior lutefisk
- * Why lutefisk does not build character--it reveals it
- * A directory of the 300 finest lutefisk dinners in North America

A taste of both culture and culinary traditions, *The Last Word on Lutefisk* invites you to partake in this peculiar, exuberant Scandinavian feast.

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