



# **Girl in Need of a Tourniquet: Memoir of a Borderline Personality**

*Merri Lisa Johnson*

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## **Girl in Need of a Tourniquet: Memoir of a Borderline Personality** Merri Lisa Johnson

An honest and compelling memoir, *Girl in Need of a Tourniquet* is Merri Lisa Johnson's account of her borderline personality disorder and how it has affected her life and relationships. Johnson describes the feeling of "bleeding out" — unable to tell where she stopped and where her partner began. A self-confessed "psycho girlfriend," she was influenced by many emotional factors from her past. She recalls her path through a dysfunctional, destructive relationship, while recounting the experiences that brought her to her breaking point. In recognizing her struggle with borderline personality disorder, Johnson is ultimately able to seek help, embarking on a soul-searching healing process. It's a path that is painful, difficult, and at times heart-wrenching, but ultimately makes her more able to love and coexist in healthy relationships.

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