



Sports Medicine for the Primary Care Physician, Third Edition

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During the past decade, the primary care physician has played a pivotal role in the evolution of sports medicine as a discipline that can benefit patients of all ages. The primary care physician is often the first medical professional to see the patient after an injury, making it important for primary care practitioners to stay up-to-date on promising developments in sports medicine.

Sports Medicine for the Primary Care Physician, Third Edition provides the latest information on major topics in sports science and clinical medicine that affect primary care physicians. This third edition updates all chapters with current scientific information, incorporates information drawn from evidence-based medicine, and provides new studies including CT and MRI. It also includes a revised and streamlined medical illness section, as well as new chapters on radiology and complementary and alternative medicine.

This authoritative edition updates our knowledge of key concepts related to the diagnosis, treatment, and prevention of sports injuries. As exercise and sports move beyond the realm of leisurely activity to become a necessary component of good health, this is a timely volume for primary care practitioners, pediatricians, internists, and anyone involved in sports medicine.

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