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Patrick Sanchez's wickedly funny debut novel, GIRLFRIENDS, shimmied off the shelves and brought him an instant legion of fans. Now, in THE WAY IT IS, he introduces three thirty-something roommates with insatiable appetites for life, love, and anything deep-fried in this delicious, delirious celebration of women whose hearts are as big as their hips...

When The Chips Are Down, These Girls Bring The Dip

Livin' large has never gotten Ruby Waters what she wants in life. Overweight and addicted to every fad diet on the planet, Ruby's sure that the only thing that stands between her and the good life are those extra pounds she can't seem to shed. But when a girl's stuck caring for an annoying ex-husband, an impossibly critical mother, and the world's most psychotic, incontinent Chihuahua, her best friend is a dozen doughnuts and a can of whipped topping. She'll starve herself tomorrow, and soon, she just might have the courage to go after what she really wants. . .the hunky coworker with the bod of steel. . .

Fat is where it's at, honey. That's plus-sized model Wanda Johnson's motto. The larger-than-life African-American goddess may top the scales, but there are plenty of men begging for her phone number. The only thing standing between Wanda and fashion fame is another model who wants what Wanda has and would do anything--that's anything--to get it. . .

Simone Reyes, D.C.'s most famous Latina, certainly goes after what she wants--and it's usually ripped with muscles and under thirty. As the city's sexiest anchorwoman, the glamorous, svelte Simone doesn't have time to mess with commitment. She's too focused on making it all the way to the top. . .while protecting a secret that could blow the lid off her whole fraudulent life. . .

In the nation's capitol, where the drinks are cold and so is the competition, these three roomies are joining forces, battling their way through a maze of Chubby Chaser web sites, scam diet centers, outrageous fantasies, romantic entanglements, power shopping, and plus-size fashion shows. . .because when life throws you a few curves, it's best to show them off!

Patrick Sanchez is a native Washingtonian, having grown up in the Maryland suburbs of Washington, D.C. He is a graduate of George Mason University in Fairfax, Virginia and has been a professional writer for several years. He currently lives in Arlington, Virginia. He is also the author of Girlfriends, and is currently working on his next novel.

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