

Journey On the Crest: Walking 2600 Miles from Mexico to Canada

Cindy Ross



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"Cindy Ross does not claim to be a heroine. Her book is about the fear of an ordinary person doing extraordinary things. . . . It is good to read of someone who is just crammed full of courage, guts, spirit and determination." —Smoke Blanchard, *Walking Up and Down in the World*

Cindy Ross had already hiked the 2000-mile length of the Appalachian Trail when, hoping to escape a deadening daily routine and sort out her life, she returned to the wild. But this time it was a more rugged arena: the Pacific Crest Trail, a mostly mountainous, 2600-mile route from Mexico to Canada, vastly different from the relatively gentle, well-traveled Appalachian Trail.

Her trip began—badly—in the California desert, where the hiking "partner" she had selected from an advertisement proved to be totally inexperienced and so strange that they parted company the first day. Continuing alone, Ross soon became the de facto leader of a motley, ever-changing crew of PCT walkers that came to be known as "Cindy's Circus." Long, rugged hiking days produced physical ailments and strong emotions, but in confronting and surmounting these challenges, Ross grew in strength. After many months and several major changes in her life, Ross beat fall snows and storms to reach the Canadian border. More than the end of the trail, this was also a symbolic milestone in her life.

In narrating her story, Ross deftly brings the reader into the physical and emotional landscape of longdistance hiking. Her cast of "Crest characters" is sharply drawn in both words and sketches.

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From reader reviews:

Donna Bauer:

Journey On the Crest: Walking 2600 Miles from Mexico to Canada can be one of your starter books that are good idea. Many of us recommend that straight away because this book has good vocabulary that could increase your knowledge in vocab, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort that will put every word into pleasure arrangement in writing Journey On the Crest: Walking 2600 Miles from Mexico to Canada nevertheless doesn't forget the main level, giving the reader the hottest and also based confirm resource info that maybe you can be considered one of it. This great information can easily drawn you into completely new stage of crucial pondering.

Charline Fendley:

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