



# Making Magic with Gaia: Practices to Heal Ourselves and Our Planet

Francesca Ciancimino Howell

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### Making Magic with Gaia: Practices to Heal Ourselves and Our **Planet**

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Making Magic with Gaia: Practices to Heal Ourselves and Our Planet Francesca Ciancimino Howell "We must always remember how even small steps lead us closer to the divine in Nature and to the deep interconnectedness that is magical Deep Ecology."

Francesca Howell has been involved in esoteric traditions and wildlife preservation since childhood. In this one-of-a-kind book, she shares her everyday suggestions for spiritual renewal through connecting with nature. Making Magic with Gaia springs from ancient traditions of Earth stewardship, which blend deep ecology, ceremony and activism to bring the reader into a closer communion and harmony with Mother Earth. Packed with practical suggestions as well as mystical practices, aimed at helping the planet and ourselves, this book is written for anyone with a spiritual and ecological awareness.



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