



# The Art of Being a Brilliant Teenager

*Andy Cope, Andy Whittaker, Darrell Woodman, Amy Bradley*

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**The Art of Being a Brilliant Teenager** Andy Cope, Andy Whittaker, Darrell Woodman, Amy Bradley  
**Calling all teenagers—quit the moaning and start loving life!**

Don't be a cliché. Don't stay in your bedroom grunting and grumbling. How about getting motivated, energized and start making a difference?! *The Art of Being A Brilliant Teenager* teaches you how to become your very best self—and how to figure out who that is, exactly. The bestselling authors of *The Art of Being Brilliant* and *Be Brilliant Everyday* are experts in the art of happiness and positive psychology and, with this new book, you'll find your way to becoming brilliant at school, work, and life in general. Stay cool under all the pressures you're facing, and plot a map for the future that takes you wherever it is you want to go. Become proactive, determined, successful and most importantly: happy!

Fact: your life span is about four thousand weeks. It seems like a lot, but it's not. Complaining about life, homework, parents, and relationships may be normal now, but don't let it become your defining trait. When you're forty years old and still moaning, a big chunk of your four thousand weeks have slipped by, and you're no closer to happiness than you were as a teen. This book is a guide to starting the journey to your ideal life *now*, instead of wasting time being a drip.

- Discover the real you, and what you want out of life
- Stop moaning and get moving now, while there's plenty of time
- Lose your bad habits before they become your personality
- Figure out how you want to contribute, and find a way to do it

The bottom line is this: it's easy to be the average version of yourself, but is that really all you want? Don't you want to achieve something? Get started now. *The Art of Being A Brilliant Teenager* helps you figure out where you want to go, and how to get there. So, whether you're an ambitious teenager, a parent or teacher desperate to turn a down-beat teenager into a ray of positivity and delight, *How to Be a Brilliant Teenager* is here to help.

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**Mary Fix:**

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**Michael Clements:**

The book untitled The Art of Being a Brilliant Teenager contain a lot of information on the idea. The writer explains the woman idea with easy technique. The language is very clear and understandable all the people, so do not really worry, you can easy to read that. The book was written by famous author. The author brings you in the new time of literary works. It is possible to read this book because you can please read on your smart phone, or model, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site as well as order it. Have a nice study.

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