



The Evolving Soul: Spiritual Healing Through Past Life Exploration

Linda Backman

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Balancing past-life karma is the key to soul evolution. In *The Evolving Soul*, Dr. Linda Backman shows how healing relationships, caring for one's self, and working through fear and loss can help you mend the wounds of your past lives.

Using wisdom she's amassed from hundreds of hypnotic regression clients, Dr. Backman shows how people create the pre-birth blueprints that infuse life with purpose. Uncover the ways spirit guides and the ascended masters can influence your opportunities for growth. Discover the seven soul archetypes and your soul ray. Providing fascinating examples from dozens of regression clients, *The Evolving Soul* also includes questions and prompts to help readers gain profound insights.

Praise:

"It is crucial that Dr. Linda Backman's *The Evolving Soul* be widely read."—Larry Dossey, MD, author of *One Mind*

"An extraordinary fount of wisdom and deep thought."—P. M. H. Atwater, LHD, author of *The Big Book of Near-Death Experiences*

"Now is the time to heal yourself at a soul level."—C. Norman Shealy, MD, PhD, author of *90 Days to Self-Health*

"If you've ever wondered what your life is truly about, this book is a wondrous place to look." —Robert Schwartz, author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*

"An uplifting book that will change the way you see yourself and your relationship to the cosmos."—Carol Bowman, author of *Return from Heaven*

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A lot of people always spent their particular free time to vacation or perhaps go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity that is look different you can read any book. It is really fun for you. If you enjoy the book that you just read you can spent all day every day to reading a reserve. The book The Evolving Soul: Spiritual Healing Through Past Life Exploration it is rather good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. When you did not have enough space bringing this book you can buy the e-book. You can m0ore easily to read this book out of your smart phone. The price is not too costly but this book provides high quality.

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