



Animal Madness: How Anxious Dogs, Compulsive Parrots, and Elephants in Recovery Help Us Understand Ourselves

Laurel Braitman

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“Science Friday” Summer Reading Pick

***Discover* magazine Top 5 Summer Reads**

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“A lovely, big-hearted book...brimming with compassion and the tales of the many, many humans who devote their days to making animals well” (*The New York Times*).

Have you ever wondered if your dog might be a bit depressed? How about heartbroken or homesick? *Animal Madness* takes these questions seriously, exploring the topic of mental health and recovery in the animal kingdom and turning up lessons that *Publishers Weekly* calls “Illuminating...Braitman’s delightful balance of humor and poignancy brings each case of life...[*Animal Madness*’s] continuous dose of hope should prove medicinal for humans and animals alike.”

Susan Orlean calls *Animal Madness* “a marvelous, smart, eloquent book—as much about human emotion as it is about animals and their inner lives.” It is “a gem...that can teach us much about the wildness of our own minds” (*Psychology Today*).

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