



Boundaries with Teens: When to Say Yes, How to Say No

John Townsend

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The teen years—relationships, peer pressure, school, dating, character. To help teenagers grow into healthy adults, parents and youth workers need to teach them how to take responsibility for their behavior, their values, and their lives. The coauthor of the Gold Medallion Award-winning book *Boundaries* and the father of two teenage boys brings his biblically based principles to bear on the challenging task of the teen years, showing parents:

How to bring control to an out-of-control family life

How to set limits and still be loving parents

How to define legitimate boundaries for the family

How to instill in teens a godly character

In this exciting new book, Dr. Townsend gives important keys for establishing healthy boundaries—the bedrock of good relationships, maturity, safety, and growth for teens and the adults in their lives. The book offers help in raising your teens to take responsibility for their actions, attitudes, and emotions.

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From reader reviews:

Marcia Fullerton:

Spent a free time to be fun activity to complete! A lot of people spent their free time with their family, or their particular friends. Usually they performing activity like watching television, about to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the reserve untitled Boundaries with Teens: When to Say Yes, How to Say No can be excellent book to read. May be it may be best activity to you.

Thomas Murray:

Typically the book Boundaries with Teens: When to Say Yes, How to Say No has a lot details on it. So when you check out this book you can get a lot of advantage. The book was compiled by the very famous author. Tom makes some research previous to write this book. This specific book very easy to read you may get the point easily after reading this article book.

Mary Sexton:

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