



## Dropping Your Guard

*Charles R. Swindoll*

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## **Dropping Your Guard** Charles R. Swindoll

In this updated version of his best-selling book, Swindoll poignantly and honestly portrays the need for authentic love and transparency.

In a world that focuses on images, sound bites, and quick impressions, we have forgotten how to really know one another. Many of us recoil from true intimacy. Author Charles Swindollw writes, "Full self-disclosure is something we tend to avoid at all costs. In fact, we are prone to keep people out of our private worlds by wearing masks?not physical masks?but psychological ones." For example . . .

- The "I'm tough" mask hides weakness and fear.
- The "I'm holy" mask hides our struggle with temptation.
- The "I can handle it" mask hides bewilderment and hurt.

Removing your masks and relinquishing your defenses are essential aspects of the Christian experience. And *Dropping Your Guard* portrays Bible teacher Chuck Swindoll at his best, delving into the treasures of God's Word to reveal strategic principles for building open and genuine relationships.

Chuck Swindoll says, "My desire is that our Lord will open your eyes to the value of authentic relationships, and that His Spirit will free you to be vulnerable as you drop your guard with others in the family of God. I assure you, the result is worth the effort."

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