



Everyday Crystals for a Better Life: Crystals for health, home and personal power

Ken and Joules Taylor

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The beauty and healing properties of crystals and other stones have long been recognised. In *Everyday Crystals for a Better Life*, Ken and Joules Taylor examine how the power of crystals can be channelled to enhance your living space, heal your body and realise your dreams. The book begins with a guide to choosing, collecting and looking after crystals, before focusing on how crystals can improve and enrich four key areas of your life. The first chapter, 'Crystals for the Home', examines how the practice of hanging crystals can bring harmony to your home and garden. Chapter two, 'Crystals for Health', shows you how to heal common ailments with the power of visualisation, gem essence therapy and meditation. The 'Star Crystals' chapter contains everything you need to know about birthstones and how to use them to attract love and success. The final chapter, 'Crystals for Personal Power', reveals how crystals can empower you and help you find happiness. Ideal for both beginners and devotees, this comprehensive guide will show you how to master the crystal energy at your fingertips and reach your true potential every day.

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