



Strap Taping for Sports and Rehabilitation, Enhanced Edition

Anne Keil

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In *Strap Taping for Sports and Rehabilitation, Enhanced Edition*, Anne Keil, PT, DPT, presents taping techniques for use on all body areas in both physical therapy and modified athletic training. This easy-to-use reference contains 50 strap taping techniques with Leukotape that help support or control joint mobility and provide greater stability than other methods of taping.

Each taping technique is shown step by step in video clips, as well as photos and illustrations. Readers will experience a dynamic and detailed presentation for learning strap taping techniques.

Strap Taping for Sports and Rehabilitation, is an excellent resource for both students and professionals in physical therapy, occupational therapy, and athletic training seeking guidance in the proper selection and effective application of strap taping techniques. With full-color photos and video sequences, *Strap Taping for Sports and Rehabilitation, Enhanced Edition*, offers readers a dynamic way to learn and review a range of taping techniques used in treating sport and orthopedic injuries.

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