



Behaviour Therapy in the 1970s: A Collection of Original Papers

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Behaviour Therapy in the 1970s: A Collection of Original Papers reviews and evaluates some of the principles and techniques in behavior therapy based on the method derived from learning theory. This book provides an understanding of the mechanisms of mental illness.

Organized into eight chapters, this book begins with an overview of the phenomenal growth of psychological treatment. This text then compares the two methods of treating homosexuality, with emphasis on the mechanisms involved in such treatment that might be relevant to psychological treatment in general. Other chapters consider the application of operant conditioning methods to reinstate speech in mute schizophrenics. The final chapter deals with the significant aspect of behavior therapy in providing an opportunity for complementary activities of psychologists and psychiatrists.

This book is a valuable resource for professionals who are interested in the application of learning theory to disorders of human behavior. Clinical psychologists, psychiatrists, and postgraduate students will also find this book useful.

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