



Why Johnny Hates Sports: Why Organized Youth Sports Are Failing Our Children

Fred Engh

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Why Johnny Hates Sports: Why Organized Youth Sports Are Failing Our Children Fred Engh All across the country, a growing number of children are dropping out of organized sports—not because they don't like to play, but because the system they play in is failing them. Written by one of this country's leading advocates of youth sports, Why Johnny Hates Sports explains why many of the original goals of youth leagues have been affected by today's win-at-all-costs attitude. It then documents the negative

physical and psychological impact that parents, coaches, and administrators can have on children, while providing effective solutions to each of the problems covered.

Why Johnny Hates Sports is both an exposé of abuses and a call to arms. It clearly illustrates a serious problem that has plagued youth sports for too long. Most important, it provides practical answers that can alter this destructive course.



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