



Fukien Ground Boxing: Nan Shaolin Leg Techniques (Chinese Martial Arts)

Tadashige Watanabe, Tsai Chushian

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Fukien ground boxing is one of the branches of Shaolin boxing in Southern China. It is also called "Shaolin dog style boxing" because of its unique methods. Developed in the shape of a dog's movements, such as running, kicking, lying, punching, rolling, overturning. Recognized by Sports Committee of China as a rare school in Chinese Martial Arts.

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