



# **Peace Chakras: Adult Coloring Book with Geometry & Henna Inspired Stress Relieving Mandalas & Beautiful Patterns**

*Niraj Tulsyan*

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**Adult Coloring Books (Mandala Coloring Book):Peace Chakras**

*42 BEAUTIFUL MANDALA CHAKRAS and 12 INTERESTING PATTERNS TO COLOR!*

This book is first of its' type where Geometric and henna patterns mixed together for better intricacy and beauty together with much focus on center thus relieving more stress.

**About Content/Images** Each Mandalas consists of a central part as the Geometrical shape and henna patterns are around it. 3d Objects,flowers,leaves,religious symbols,patterns are also used in mandala designs. Together they create unique art which looks simple but extremely attractive. Eyes quickly catch the center which helps to focus more. Other than mandalas there are 1 peacock design, 2 doodle patterns, 3 carpet designs , 1 flower rain design ,1 pattern flag design, 2 purely henna designs for hands & 1 very unique design is also there. 1 page consists of inspirational quotes related to stress relieving.

## **What is unique about this book?**

All the designs are truly unique & beautiful and won't be seen anywhere.If you are looking for something fresh, simple, exciting, beautiful, inspirational this coloring book is for you. This book considers your religious taste as well as much thought and research is put into design style for relieving deep stress.

## **How to use this book?**

All the mandalas have a complex Geometrical center (Look cover Image) and you need to focus more there while coloring and henna patterns around it are simple. As initially you are less focused you can start coloring from outward to inward for deeper and deeper stress relieving and relaxation. Once colored images can also be used for meditation. Also, get inspirations for chakras decoration.

## **Some of the features of this adult coloring book.**

- The first adult coloring book featuring intricacy of Geometry & beauty of henna patterns together, specially designed for relieving stress.
- A unique collection of 54 freshly designed mandalas & beautiful patterns inspired by energy Chakras.
- Images are also suitable for parents & kids coloring activity together.
- Large size paper and images only on one side of a sheet.
- Minimal to highly detailed designs and perfect for coloring by markers, pens & color pencils.

Enjoy coloring!...

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