



Pressure Cooker: 22 Delicious Pressure Cooker Recipes for Easy Meals (Pressure Cooker, pressure cooker cookbook, pressure cooker recipes)

Ernesto Thomas

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Most of us have either fried, baked, boiled, and/or grilled food in the recent past. Each of these cooking methods and others like them work very well and get the job done. But what if there was a cooking method that allowed food to be cooked faster than any of these... and used up less energy in the process? Welcome to pressure cooking, the process of making food in a pressure cooker, a special type of sealed vessel that uses water as the primary cooking instrument. But the real beauty of pressure cooking isn't just how efficient it is time wise and energy wise. It's the stunning variety of different foods that you can cook using this method. The 22 recipes that are presented in this book are only an insignificant fraction of the total recipes out there for pressure cooking. But they are also 22 of the most popular and delicious ones out there as well, so you shouldn't be disappointed with any of these. If you've decided you want to get into pressure cooking but need a list of tasty and easy to do recipes to give you a jump start, then this little book will be perfect for you.

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