



The Eldercare Sourcebook

Joan Breitung

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Millions of people are faced with the difficult task of caring for their elderly parents. This empathic guide provides you with practical advice on how to best plan for long-term care--at home or in a structured facility. *The Eldercare Sourcebook* presents a wealth of information on concerns of elderly people, from nutrition to physical and mental health to sexuality to pharmaceuticals to bereavement and more. A comprehensive overview of the demographics of the aging population is also featured, along with actual case histories.

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