



Mental Health Handbook for Schools

Mary Atkinson, Garry Hornby

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As the government strives for a more inclusive education policy, more and more teachers find themselves in the frontline when dealing with children with mental health problems. Many have not had training in such matters and so feel unprepared and uncertain when faced with difficult situations.

The *Mental Health Handbook for Schools* provides valuable information on a comprehensive range of mental health problems with which teachers are often confronted.

Drawing on up-to-date research and practice in these areas the book considers what schools can do, within the special needs framework, to help pupils with these problems. It usefully reflects on the role of the mental health services in relation to schools and how schools can adopt a whole-school preventative approach to mental health problems.

The authors address an extensive range of mental health problems including Attention Deficit/Hyperactivity Disorder, eating disorders, substance abuse, obsessive-compulsive disorders and schizophrenia. They also cover situations that can often lead to the development of mental health problems including bullying, divorce and marital conflict, bereavement and physical, sexual and emotional abuse.

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