



## **Real Italian Food for People with Diabetes**

Doris Cross

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#### Real Italian Food for People with Diabetes Doris Cross

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- ·Spaghetti and Meatballs
- ·Fettuccine Alfredo
- ·Shrimp Scampi over Pasta
- ·Sweet Italian Sausage Mini Pizza
- ·Chicken Marsala
- ·Linguine with Walnut and Basil Cream
- ·Angel Hair Pasta with Creamy Sausage Sauce
- ·Minestrone Soup
- ·Penne Pasta Salad
- ·Red Clam Sauce for Pasta
- ·Eggplant Sandwich on Focaccia Bread
- ·And many more!



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