



The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child

Jay Gordon

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THE ADD AND ADHD CURE

"*The ADD and ADHD Cure* will be welcomed by parents who reject drug protocols and/or whose children have not been successfully treated with drugs. I highly recommend this important and groundbreaking new book."

—Jenny McCarthy

"I rely on Dr. Jay for more than my children's health. No matter what I call about-concerns about a sick kid, a parenting question, or worries about nutrition-Dr. Jay has answers and presents them in the most parent-friendly way."

—Julia Roberts

"Dr. Jay's support will be a fantastic gift for parents facing ADD/ADHD. His words come from decades of experience and a wealth of real concern and compassion for your child and your family."

—Matt and Lucy Damon

"Every new parent sometimes feels in the dark. Dr. Jay has been a constantly bright light and guide. We can't say enough great things about him or adequately express our gratitude for the patient, honest, intelligent, compassionate care he has given to our children. We enthusiastically support him and his book."

—Casey Affleck and Summer Phoenix

"This empowering book will teach, inspire, and coach your entire family to break the unhealthy nutritional habits that prevent you and your children from living healthy, focused lives."

—Tobey and Jennifer Maguire

"With this guide, you can go from panic mode into proactive mode. You can take charge of your child's health-naturally."

—Tea Leoni and David Duchovny

"I have watched Dr. Jay Gordon care for children and families who needed his skill and experience as they faced ADD and other tough diagnoses. His techniques and advice will guide you from a medication-oriented treatment to sensible, scientific nutritional and behavioral care."

—Edison de Mello, M.D., Ph.D., Director and founder, The Akasha Center for Integrative Medicine

If you're hesitant about giving your child prescribed medication for hyperactivity, read *The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child*. Using the helpful information in this book, you can decide whether your child really does have ADD or ADHD, how you can cure the problem naturally with nutrition, and how to redirect your child's focus. Don't simply mask the symptoms with drugs; instead, follow a safe and effective non-drug protocol practiced by Dr. Jay Gordon for more than three decades.

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From reader reviews:

Shirley Dildy:

Reading can called imagination hangout, why? Because when you are reading a book specifically book entitled The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child your mind will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely might be your mind friends. Imaging every single word written in a e-book then become one type conclusion and explanation this maybe you never get before. The The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child giving you a different experience more than blown away the mind but also giving you useful information for your better life in this particular era. So now let us teach you the relaxing pattern the following is your body and mind are going to be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary investing spare time activity?

Roger Lindsey:

Are you kind of active person, only have 10 or maybe 15 minute in your day time to upgrading your mind ability or thinking skill even analytical thinking? Then you are experiencing problem with the book when compared with can satisfy your limited time to read it because pretty much everything time you only find book that need more time to be go through. The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child can be your answer given it can be read by you who have those short time problems.

Tammy Campbell:

Many people spending their time frame by playing outside using friends, fun activity using family or just watching TV the whole day. You can have new activity to enjoy your whole day by examining a book. Ugh, do you think reading a book really can hard because you have to use the book everywhere? It all right you can have the e-book, bringing everywhere you want in your Touch screen phone. Like The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child which is getting the e-book version. So , why not try out this book? Let's notice.

Regina Hash:

A lot of publication has printed but it takes a different approach. You can get it by net on social media. You can choose the most beneficial book for you, science, comedy, novel, or whatever by simply searching from it. It is known as of book The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child. Contain your knowledge by it. Without leaving the printed book, it could add your knowledge and make you actually happier to read. It is most significant that, you must aware about guide. It can bring you from one destination to other place.

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