



The Honor Was Mine

Elizabeth Heaney

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A young combat veteran hides in his closet under a pile of clothes on bad nights. Another, home for five days, can't figure out how to talk to his wife. And a commander's spouse recounts the soul-draining effect of attending nearly one hundred memorial services...

When therapist Elizabeth Heaney left her private practice to counsel military service members and their families, she came face-to-face with unheard-of struggles and fears. Emotions run deeply—and often silently—in the hearts of combat veterans in this eye-opening portrait of the complex, nuanced lives of service personnel, who return from battling the enemy and grapple with readjusting to civilian life.

Presenting the soldiers' stories—told in their own words—as well as her own story of change, Heaney offers an intimate perspective, not of war itself but of its emotional aftermath. Some of these stories scrape the bone; others are hopeful, even comical. Every one reveals the sacrifices of those on the front lines and the courage, grace, and honor with which they serve.

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Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you might have done when you have spare time, after that why you don't try matter that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love *The Honor Was Mine*, you could enjoy both. It is good combination right, you still need to miss it? What kind of hang type is it? Oh seriously its mind hangout fellas. What? Still don't have it, oh come on its referred to as reading friends.

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