



The Mirror Theory: The Way to Inner Peace, Resolution, and Transformation

Betsy Otter Thompson

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If you look into the mirror, what do you see? Yourself? No. A *reflection* of yourself. What if *all* the people in your life are emotional reflections of yourself? Would you see them differently?

In Betsy Otter Thompson's *The Mirror Theory*, a mysterious stranger shows up at a critical time in her life, to tell her the stories of Jesus' family members. Through these stories you will see how one of the greatest masters who ever lived learned from the reflection of those around him, and they learned from him. Each family member takes on a central characteristic: envy, blame, humility, anger, jealousy, etc. What emerges is a method for personal growth and improving relationships by accepting responsibility for one's own life and creation. We are either drawn to or repelled by the people who reflect the things we like or dislike about ourselves. Just as if we're looking into a mirror that reflects back our innermost emotions and beliefs.

This fascinating book is not only a chronicle of Jesus' life, but a spiritual journey into your own heart, whether or not you believe he had brothers or sisters. Here is a proven program for taking back your personal power. There are questions and exercises for using *The Mirror Theory* to help you apply the lessons taught in the book. Never has the message, "Love one another," been so clearly explained.

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