

The Rules In Practice 2013-2016: The Racing Sailor's Bible: Master The New Racing Rules & Win

Bryan Willis

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A proper understanding of the sailing racing rules is crucial for all competitors in order to succeed and achieve racing results. This book takes you through a wide range of scenarios that occur on the racecourse, with a clear explanation of what rules apply and how they should be interpreted. You will learn what you may, must, or cannot do. Armed with this information, you will have the confidence to exploit your rights to the full on the water and in the protest room.

As well as going through the latest rule changes, you are also guided through the knowledge needed to come out at the front of the fleet at every stage of the race and every mark.

Colour diagrams make everything crystal clear, and an appendix including the rules in full makes this an essential guide.

The Rules in Practice has been the racing rules bible for almost 30 years, written by Bryan Willis who is an acknowledged rules expert.



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