



Forgiven and Set Free: A Post-Abortion Bible Study for Women

Linda Cochrane

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There is forgiveness, healing, and hope after abortion

No matter what drives a woman to end a pregnancy, there are physical, psychological, and spiritual side effects most don't anticipate. Feelings of guilt, shame, and grief become a heavy burden, and many women feel that they will never be free, that no one understands, that God will never forgive them.

But there is hope.

Linda Cochrane has been there. *Forgiven and Set Free* was developed out of her experience of being freed from the bondage of guilt and grief that followed her own abortion. With an understanding spirit and a gentle hand, she guides hurting women to bring their emotional scars "out of the dark past and into his holy light" where true and lasting healing can take place. Cochrane delves into the Scriptures to offer help with issues such as relief, denial, anger, forgiveness, depression, letting go, and acceptance.

For every woman yearning for the peace of God's forgiveness, this study can be the first step to healing and wholeness.

Linda Cochrane is the CEO of Hopeline Pregnancy Resource Center in Connecticut. She is the author of *Healing a Father's Heart* and *The Path to Sexual Healing*.

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