

Knack Coaching Youth Basketball: Step-by-Step Strategy, Mechanics & Drills for Consistent Success (Knack: Make It easy)

Kristen Somogyi

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Knack Coaching Youth Basketball, a quick-reference guide to the ins and outs of the game will coach the parents on how to be coaches. Complete with stretches, drills, and practice plays, this book provides helpful tips on all aspects of the game, from how to set a pick and roll to proper body positioning for layups. Stepby-step photography throughout makes this an easy guide to follow.



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