



# Beat Your Lupus

*Steven A. Baranowitz*

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## **Beat Your Lupus** Steven A. Baranowitz

Beat Your Lupus was written for Lupus patients and their families. It is the culmination of more than 20 years of scientific research by dedicated physicians and scientists all over the world who have published their work in a variety of respected journals. By reading this book, you will be able to: Gain new intelligent insight on how to beat your Lupus, Learn approaches based on recent scientific evidence, Examine and understand the causes of Lupus, and ultimately the best ways to treat Lupus.

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