



# **Nutrition and diabetes (Contemporary issues in clinical nutrition)**

*CHARLES M PETERSON' LOIS JOVANOVIC*

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# Nutrition and diabetes (Contemporary issues in clinical nutrition)

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Addresses the problems of nutrition with respect to the diabetic patient and presents practical solutions to achieve therapeutic goals. Provides an overview of nutritional factors in diabetes, the role of diet in glycemic control, the use of artificial sweeteners in the treatment of diabetes, the etiology of type II diabetes, improving dietary adherence in patients, surgical and nutritional management, and strategies for achieving normoglycemia.

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