



Taming the Ox: Buddhist Stories and Reflections on Politics, Race, Culture, and Spiritual Practice

Charles Johnson

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Renowned author and National Book Award winner Dr. Charles Johnson writes that his creative work and Buddhist practice are the two activities in his life that have reinforced each other—and have anchored him. In this wide and varied collection of essays, reviews, and short stories, Johnson offers writings that passionately and compellingly illuminate how politics, race, and spiritual life intersect in our changing culture.

Throughout his long and varied creative career, Johnson has been a cartoonist and illustrator, screen- and teleplay writer, novelist, philosopher, short fiction writer, essayist, literary scholar, and professor. His work is often philosophically, politically, and spiritually oriented, and he has deeply explored racial issues in the United States, most notably in his novel *Middle Passage*, which won the National Book Award for Fiction in 1990. Johnson received a MacArthur Fellowship, or “Genius Grant,” in 1998. *Taming the Ox* is a wonderful reflection of what Johnson has learned during his passage through American literature, the visual arts, and the Buddhadharma.

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