

## How to Learn Almost Anything in 48 Hours: Shortcuts and brain hacks for learning new skills fast

Tansel Ali

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We all want to learn new skills but, in this fast-paced world, how can any of us find the time?

*In How to Learn (Almost) Anything in 48 Hours*, three-time Australian Memory Champion **Tansel Ali** reveals the secret to learning new skills fast – memory techniques.

Whether you'd like to study for exams efficiently, learn a foreign language, confidently make a speech, learn to play a new musical instrument, or improve your general knowledge, memory-training expert Tansel will show you how to do it quickly and effectively with the aid of a few memory tricks.

Packed with practical exercises to help you hone your memory and train your brain to learn well and learn fast, this is the ultimate book for anyone ready to sharpen their mind and expand their knowledge.



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